

Blue Fin Vision® | Aftercare Guide

After Argon Laser Conjunctival Naevus Removal

Your laser treatment has been completed successfully. This guide explains what to expect and how to care for your eye as it settles.

A Key Principle: Use Your Eyes Normally

You will not harm the eye by using it. You can read, watch television and use screens straight away. The treated area may look red for a while; this fades as the eye heals.

Your Eye Drops

You have been given enough drops for the full course.

Days 1 to 3	From day 4	When to stop
Every 2 hours while awake	4 times a day	Once your eye is white, and no later than 2 weeks after treatment

If both eyes were treated, use the drops in both eyes.

Daily Activities

There are no restrictions. You can carry on as normal straight away.

Activity	When
Showering	As normal
Exercise	As normal
Swimming	As normal

Follow-Up

Your review is usually done by photograph. Once your eye has settled, please email clear photos of the treated eye to practicemanager@bluefinvision.com.

Further Treatment

How many sessions you need depends on the extent of the pigment:

- **A single, isolated naevus:** one treatment is usually enough
- **Pigment spread across the surface of the eye:** at least one further session is needed to remove any remaining pigment

A further session is expected in these cases and does not mean the first treatment has failed.

Up to 3 treatments in the first 12 months are included in your treatment price.

When to Seek Advice

Contact us if you experience:

- Pain that is getting worse rather than better
- Redness that is increasing, or not settling after 2 weeks
- Sticky discharge from the eye

For these or any other queries, please contact the Blue Fin Vision® team on **07704 225 640**.